

## What support will I receive?

- We will carry out regular monitoring to make sure the placement is working for everyone
- Provide you with ongoing training and support
- Invite you to carers days
- Offer support when you need it

## Do I get paid?

We offer a good financial package to help towards your time, rent and household bills.

Contact us to find out more.

## Interested?

Contact us on 0797 669 8896 or email [sharedlivesscheme@somerset.gov.uk](mailto:sharedlivesscheme@somerset.gov.uk)

to find out more and have a chat.

You will then be asked to complete an enquiry form and will need a DBS check.

**[www.somerset.gov.uk](http://www.somerset.gov.uk)**

Please call us if you need this information in large print, Braille, audio or another language.



## Could You Be A Shared Lives Carer?



Have you space in your home  
and your life to become  
a paid Shared Lives Carer?



**There are over 150 Shared Lives Carers in Somerset who support others to live their lives to the full**

**– could you join them?**

## **Why should I become a Shared Lives Carer?**

Shared Lives Carers help people develop independent living skills, friendships and roots in their community – giving them a real sense of belonging in a supportive setting. Shared Lives is very much a family based experience. You will be matched for compatibility to ensure everyone will enjoy spending time together. Our carers often say it feels like they are spending time with friends or 'extended family'.

## **Who would I care for?**

You could be caring for an adult with a learning disability, an older person, someone with a physical disability or sensory loss, someone with a mental health condition or a care leaver.



They can either move into your home and live with you or they can visit you regularly for short breaks or day support.

## **Who can be a Shared Lives Carer?**

You need to be over 18 and have a spare room. It doesn't matter if you rent, live alone, your gender or your background. You just need time, motivation, commitment, patience, flexibility and plenty of enthusiasm!



## **What will I do as a Shared Lives Carer?**

**You could be asked to help with:**

- Shopping
- Cooking
- Cleaning
- Paying bills
- Personal care
- Social activities
- Hobbies & sport
- Meeting religious, ethnic and cultural beliefs
- Helping to find college courses or work
- Support to access appointments with medical professionals